

# THE KITCHEN

*We Deliver!*

**Mon-Fri 10:30-2:00 (409) 621-4080 visit us on the web at [thekitchencatering.com](http://thekitchencatering.com) to view our monthly menu**

## Menu for SEPTEMBER 2015

*Grilled chicken salad offered every day with your choice of dressing*

	31	1	2	3	4
Week of Sept 1st	Meatloaf or pork roast, both with mashed potatoes and gravy, black eyed peas and mixed greens with bacon	Spaghetti and meatballs with salad and bread or stuffed pasta shells with a side of noodles Alfredo, broccoli and carrots	Beef enchiladas or chicken empanadas, both with Spanish rice, re-fried beans, seasoned corn, flour tortillas and salsa	Beef tips or teriyaki chicken, both with rice and gravy, broccoli and sweet carrots	Chicken fried steak or fried chicken breast, mashed potatoes and gravy, green beans with bacon, sweet corn and a biscuit
	7	8	9	10	11
Week of Sept 7th	Swiss steak or smothered pork chops, both with mashed potatoes and gravy, buttered spinach and black eyed peas	Beef and three cheese lasagna with broccoli and carrots or Spaghetti and meatballs with salad and bread	Beef fajitas or chicken enchiladas, both with Spanish rice, charro beans, seasoned corn, flour tortillas and salsa	BBQ brisket or pork ribs, both with potato salad, home style beans and corn on the cob	Chicken fried steak or fried chicken breast, mashed potatoes and gravy, green beans with bacon, sweet corn and a biscuit
	14	15	16	17	18
Week of Sept 14th	Meatloaf or breaded pork chops, both with mashed potatoes and gravy, buttered spinach and black eyed peas	Chicken Alfredo with broccoli and carrots or Spaghetti and meatballs with garlic bread and salad	Beef enchiladas or chicken fajitas, both with Spanish rice, re-fried beans, seasoned corn, flour tortillas and salsa	Pot roast or smothered pork chops, both with mashed potatoes and gravy, broccoli Normandy and corn on the cob	Chicken fried steak or fried chicken breast, mashed potatoes and gravy, green beans with bacon, sweet corn and a biscuit
	21	22	23	24	25
Week of Sept 21st	Bacon and cheese steak or roasted chicken, both with mashed potatoes and gravy, buttered spinach and black eyed peas	Chicken parmesan with broccoli and carrots or Spaghetti and meatballs with salad and bread	Beef enchiladas or chicken quesadillas, both with Spanish rice, re-fried beans, seasoned corn, flour tortillas and salsa	BBQ brisket or pork ribs, both with potato salad, home style beans and corn on the cob	Chicken fried steak or fried chicken breast, mashed potatoes and gravy, green beans with bacon, sweet corn and a biscuit
	28	29	30	1	2
Week of Sept 28th	Meatloaf or roasted pork loin, both with mashed potatoes and gravy, black eyed peas and mixed greens with bacon	Spagetti and meatballs with salad and bread or Beef and three cheese lasagna with broccoli and carrots	Chicken empanadas or beef enchiladas, both with Spanish rice, re-fried beans, seasoned corn, flour tortillas and salsa	Beef tips or teriyaki chicken, both with rice and gravy, broccoli and sweet carrots	Chicken fried steak or fried chicken breast, mashed potatoes and gravy, green beans with bacon, sweet corn and a biscuit