

# THE KITCHEN

*We Deliver!*

**Mon-Fri 10:30-2:00 (409) 621-4080 visit us on the web at [thekitchencatering.com](http://thekitchencatering.com) to view our monthly menu**

## Menu for October 2016

*Grilled chicken salad offered every day with your choice of dressing(Ranch, Italian or Vidalia)*

	3	4	5	6	7
<i>Week of Oct 3rd</i>	<i>Swiss steak or teriyaki chicken, both over rice and gravy, broccoli Normandy and buttered spinach</i>	<i>Chicken parmesan over noodles and sauce or Baked ziti, both with sweet carrots, broccoli and garlic bread</i>	<i>Caldo de res or chicken quesadillas, both with Spanish rice, re-fried beans, seasoned corn, tortillas and salsa</i>	<i>BBQ brisket and sausage or pork ribs, both with potato salad, home style beans and corn on the cob</i>	<i>Chicken fried steak or fried chicken breast, both with mashed potatoes and gravy, sweet corn, green beans with bacon and a biscuit</i>
<i>Week of Oct 10th</i>	<i>Bacon and cheese steak or chicken skewers, both with mashed potatoes, buttered spinach and sweet corn</i>	<i>Spaghetti and meatballs with salad and garlic bread or Beef tips over rice with broccoli and carrots</i>	<i>Chicken enchiladas or steak quesadillas, both with Spanish rice, charro beans, seasoned corn, flour tortillas and salsa</i>	<i>Pot roast or baked ham, both with mashed potatoes and gravy, broccoli Normandy and corn on the cob</i>	<i>Chicken fried steak or fried chicken breast, both with mashed potatoes and gravy, sweet corn, green beans with bacon and a biscuit</i>
<i>Week of Oct 17th</i>	<i>Meatloaf or breaded pork chops, both with mashed potatoes and gravy, sweet peas and corn</i>	<i>Stuffed shells with noodles Alfredo or Smothered steak over rice, both with broccoli and carrots</i>	<i>Beef enchiladas or chicken empanadas, both with Spanish rice, charro beans, seasoned corn, flour tortillas and salsa</i>	<i>Beef tips or roasted chicken, both with rice and gravy, broccoli Normandy and lima beans</i>	<i>Chicken fried steak or fried chicken breast, both with mashed potatoes and gravy, sweet corn, green beans with bacon and a biscuit</i>
<i>Week of Oct 24th</i>	<i>Bacon and cheese steak or chicken skewers, both with mashed potatoes, buttered spinach and sweet corn</i>	<i>Spaghetti and meatballs with salad and bread or Chicken salad sandwich with fruit cup, chips and organic greens</i>	<i>Caldo de res or Carne guisada with Spanish rice, re-fried beans, seasoned corn, flour tortillas and salsa</i>	<i>Pot roast or baked ham, both with mashed potatoes and gravy, broccoli Normandy and corn on the cob</i>	<i>Chicken fried steak or fried chicken breast, both with mashed potatoes and gravy, sweet corn, green beans with bacon and a biscuit</i>
<i>Week of Oct 31st</i>	<i>Meatloaf or breaded pork chops, both with mashed potatoes and gravy, sweet peas and corn</i>	<i>Chicken parmesan over noodles and sauce or Baked ziti, both with sweet carrots, broccoli and garlic bread</i>	<i>Beef enchiladas or chicken quesadillas, both with Spanish rice, re-fried beans, seasoned corn, flour tortillas and salsa</i>	<i>BBQ brisket and sausage or pork ribs, both with potato salad, home style beans and corn on the cob</i>	<i>Chicken fried steak or fried chicken breast, both with mashed potatoes and gravy, sweet corn, green beans with bacon and a biscuit</i>