

# THE KITCHEN

*We Deliver!*

**Mon-Fri 11:00a.m. -2:00 p.m. (409) 621-4080 visit us on the web at [thekitchencatering.com](http://thekitchencatering.com) to view our monthly menu**

## Menu for OCTOBER 2017

*Grilled chicken salad offered daily*

	2	3	4	5	6
<i>Week of Oct 2nd</i>	<i>Bacon and cheese steak or roasted chicken, both with mashed potatoes, buttered spinach and sweet corn</i>	<i>Chicken Parmesan over noodles with broccoli and carrots or spaghetti and meatsauce with salad and bread</i>	<i>Chicken quesadillas or beef enchiladas with Spanish rice, re-fried beans and sweet corn</i>	<i>Pot roast or baked ham, both with mashed potatoes and gravy, broccooli Normandy and corn on the cob</i>	<i>Chicken fried steak or fried chicken breast, mashed potatoes and gravy, green beans with bacon, sweet corn and a biscuit</i>
<i>Week of Oct 9th</i>	<i>Meatloaf or smothered pork chops, both with mashed potatoes and gravy, green bean casserole and corn on the cob</i>	<i>Stuffed shells or Chicken Alfredo, both with steamed broccoli and sweet carrots</i>	<i>Chicken empanadas or Carne guisada, both with Spanish rice, charro beans and seasoned corn</i>	<i>Teriyaki chicken or roasted pork loin, both with steamed rice, broccoli and corn on the cob</i>	<i>Chicken fried steak or fried chicken breast, mashed potatoes and gravy, green beans with bacon, sweet corn and a biscuit</i>
<i>Week of Oct 16th</i>	<i>Bacon and cheese steak or breaded pork chops, both with mashed potatoes, buttered spinach and sweet corn</i>	<i>Chicken salad sandwich with fruit cup, green salad and chips or Spaghetti and meatballs with salad and bread</i>	<i>Chicken and bacon guisada or beef enchiladas, both with charro beans, Spanish rice and seasoned corn</i>	<i>Beef tips or chicken skewers, both with rice and gravy, corn on the cob and broccoli</i>	<i>Chicken fried steak or fried chicken breast, mashed potatoes and gravy, green beans with bacon, sweet corn and a biscuit</i>
<i>Week of Oct 23rd</i>	<i>Meatloaf or smothered pork chops, both with mashed potatoes and gravy, green bean casserole and corn on the cob</i>	<i>Beef and three cheese lasagna or Chicken Alfredo, both with broccoli and sweet carrots</i>	<i>Caldo de res (beef and veg soup) or chicken quesadillas with Spanish rice, re-fried beans and sweet corn</i>	<i>Pot roast or baked ham, both with mashed potatoes and gravy, broccooli Normandy and corn on the cob</i>	<i>Chicken fried steak or fried chicken breast, mashed potatoes and gravy, green beans with bacon, sweet corn and a biscuit</i>
<i>Week of Oct 30th</i>	<i>Bacon and cheese steak or roasted chicken, both with mashed potatoes, buttered spinach and sweet corn</i>	<i>Chicken salad sandwich with fruit cup, green salad and chips or Spaghetti and meatballs with salad and bread</i>	<i>Chicken empanadas or Carne guisada, both with Spanish rice, charro beans and seasoned corn</i>	<i>Beef tips or breaded pork chops, both with rice and gravy, broccoli and corn on the cob</i>	<i>Chicken fried steak or fried chicken breast, mashed potatoes and gravy, green beans with bacon, sweet corn and a biscuit</i>