

THE KITCHEN

We Deliver!

Mon-Fri 10:30-2:00 (409) 621-4080 visit us on the web at thekitchencatering.com to view our monthly menu

Menu for April 2018 for Meals on Wheels

Grilled chicken salad offered daily

	2	3	4	5	6
Week of April 1st	Meatloaf or stuffed pork chops, mashed potatoes and gravy, corn on the cob and green bean casserole	Beef enchiladas or chicken empanadas, both with Spanish rice, re-fried beans, seasoned corn, flour tortillas and salsa	Spaghetti and meatballs with salad and bread or chicken Alfredo with broccoli and carrots	Beef tips or smothered pork chops, both over rice and gravy, broccoli Normandy and corn on the cob	Chicken fried steak or fried chicken breast, both with mashed potatoes and gravy, corn, green beans with bacon and a biscuit
	9	10	11	12	13
Week of April 9th	Bacon and cheese steak or chicken skewers, both with mashed potatoes, green bean casserole and black eyed peas	Chicken quesadilla or carne guisada, both with charro beans, Spanish rice, seasoned corn, flour tortillas and salsa	Stuffed pasta shells or chicken parmesan, both with noodles and sauce, broccoli and carrots	BBQ brisket or baked ham, both with potato salad, ranch style beans and corn on the cob	Chicken fried steak or fried chicken breast, both with mashed potatoes and gravy, corn, green beans with bacon and a biscuit
	16	17	18	19	20
Week of April 16th	Meatloaf or breaded pork chops, both with mashed potatoes, mixed greens and black eyed peas	Beef enchiladas or chicken fajitas, both with Spanish rice, charro beans, seasoned corn, flour tortillas and salsa	Spaghetti and meatballs with salad and bread or chicken Alfredo with broccoli and carrots	Beef tips or roasted chicken, both with rice and gravy, broccoli Normandy and corn on the cob	Chicken fried steak or fried chicken breast, both with mashed potatoes and gravy, corn, green beans with bacon and a biscuit
	23	24	25	26	27
Week of April 23rd	Bacon and cheese steak or chicken skewers, both with mashed potatoes, green bean casserole and black eyed peas	Chicken enchiladas or steak ranchero, Spanish rice, re-fried beans, sweet corn, flour tortillas and salsa	Beef and three cheese lasagna or chicken parmesan, both with noodles and sauce, broccoli and carrots	Pot roast or roasted pork loin, both with mashed potatoes and gravy, broccoli Normandy and corn on the cob	Chicken fried steak or fried chicken breast, both with mashed potatoes and gravy, corn, green beans with bacon and a biscuit
	30	1	2	3	4
Week of April 30th	Meatloaf or roasted chicken, mashed potatoes and gravy, corn on the cob and green bean casserole	Beef enchiladas or chicken empanadas, both with Spanish rice, re-fried beans, seasoned corn, flour tortillas and salsa	Spaghetti and meatballs with salad and bread or chicken Alfredo with broccoli and carrots	Beef tips or smothered pork chops, both over rice and gravy, broccoli Normandy and corn on the cob	Chicken fried steak or fried chicken breast, both with mashed potatoes and gravy, corn, green beans with bacon and a biscuit