

# THE KITCHEN

*We deliver (409)621-4080 Mon-Fri 11-2*

## Menu for October 2021

*Grilled chicken salad and dessert offered daily*

|                         | 27   | 28   | 29  | 30   | 1  |
|-------------------------|--|--|---|--|--|
| <i>Week of Oct 1st</i>  | Meatloaf or stuffed pork chops, both with mashed potatoes and gravy, northern beans and mixed greens with bacon      | Spaghetti and meatballs or chicken parmesan over noodles, both with side salad and garlic bread                  | Green chili chicken enchiladas or beef fajitas both with re-fried beans, Spanish rice, seasoned corn, flour tortillas and salsa                             | Beef tips or roasted chicken, both with rice or noodles and gravy, broccoli Normandy and navy beans                    | Chicken fried steak or fried chicken breast, both with mashed potatoes and cream gravy, green beans with bacon, sweet corn and a biscuit |
|                         | 4  | 5  | 6   | 7  | 8  |
| <i>Week of Oct 4th</i>  | Bacon and cheese steak or smothered pork chops, both with mashed potatoes and gravy, buttered spinach and sweet corn | Stuffed pasta shells or shrimp Alfredo, both with sweet carrots, steamed broccoli and garlic bread               | Green chili chicken enchiladas or carne guisada, both with re-fried beans, Spanish rice, seasoned corn, flour tortillas and salsa                           | BBQ chicken or BBQ pork ribs, both with potato salad, baked beans and mac and cheese                                   | Chicken fried steak or fried chicken breast, both with mashed potatoes and cream gravy, green beans with bacon, sweet corn and a biscuit |
|                         | 11   | 12   | 13  | 14   | 15   |
| <i>Week of Oct 11th</i> | Swiss steak or roasted chicken, both with mashed potatoes and gravy, buttered spinach and sweet corn                 | Spaghetti and meatballs or chicken parmesan over noodles, both with side salad and garlic bread                  | Caldo de res (beef and veg soup) with rice, tortillas and lime or Chicken empanadas, seasoned corn, charro beans and Spanish rice, tortillas and salsa      | Pot roast or sliced roasted pork loin, both with roasted potatoes and carrots, navy beans and mixed greens with bacon  | Chicken fried steak or fried chicken breast, both with mashed potatoes and cream gravy, green beans with bacon, sweet corn and a biscuit |
|                         | 18   | 19   | 20  | 21   | 22   |
| <i>Week of Oct 18th</i> | Beef tips or smothered pork chops, both over rice or noodles and gravy, green bean casserole and corn on the cob     | Beef and three cheese lasagna or chicken Alfredo, both with steamed broccoli and sweet carrots with garlic bread | Chicken and fideo noodles or beef enchiladas, both with Spanish rice, re-fried beans, seasoned corn, flour tortillas and salsa                              | Chicken salad sandwich with potato salad, pasta salad and green salad or drip beef sandwich with pasta salad and chips | Chicken fried steak or fried chicken breast, both with mashed potatoes and cream gravy, green beans with bacon, sweet corn and a biscuit |
|                         | 25   | 26   | 27  | 28   | 29   |
| <i>Week of Oct 25th</i> | Meatloaf or stuffed pork chops, both with mashed potatoes and gravy, northern beans and mixed greens with bacon      | Spaghetti and meatballs or chicken parmesan over noodles, both with side salad and garlic bread                  | Caldo de res (beef and veg soup) with rice, tortillas and lime or Chicken fajitas over Spanish rice, charro beans, seasoned corn, flour tortillas and salsa | Beef tips or roasted chicken, both with rice or noodles and gravy, broccoli Normandy and garbanzo beans                | Chicken fried steak or fried chicken breast, both with mashed potatoes and cream gravy, green beans with bacon, sweet corn and a biscuit |