

# THE KITCHEN

***Due to Inflation and product availability we are forced to raise our prices. The regular meals will now cost \$10 while our senior meals will now be \$8 . The price of our desserts will be \$3 and we will continue to offer free delivery to your home or office. We hope you will continue to support our small family business and we thank you in advance for your patronage.***

***We deliver (409) 621-4080 Mon-Fri 11-2***

## Menu for January 2022

*Grilled chicken salad and dessert offered daily*

	3	4	5	6	7
<i>Week of Jan 3rd</i>	Chicken pot pie or Sheppard's pie, both with side salad and wheat rolls	Spaghetti and meatballs or roasted chicken with Alfredo noodles, both with spinach salad and garlic bread	Poblano cream chicken breast or Steak ranchero, both with country veggie rice, charro beans and sweet corn	Teriyaki chicken or Pepper steak, both with steamed rice, broccoli and sweet carrots	Chicken fried steak or fried chicken breast, both with mashed potatoes and cream gravy, green beans with bacon, sweet corn and a biscuit
	10	11	12	13	14
<i>Week of Jan 10th</i>	Smothered chicken or Bacon and cheese steak with loaded potatoes, green beans and corn on the cob	Chicken salad sandwich with fresh fruit, pasta salad and pretzels or open faced roast beef with mashed potatoes, broccoli and carrots	Chicken tortilla soup with accoutrements or Beef enchiladas with Spanish rice, re-fried beans and corn	Chicken spaghetti or Beef tips over rice, both with sweet peas and broccoli Normandy	Chicken fried steak or fried chicken breast, both with mashed potatoes and cream gravy, green beans with bacon, sweet corn and a biscuit
	17	18	19	20	21
<i>Week of Jan 17th</i>	CLOSED IN OBSERVANCE OF MARTIN LUTHER KING JR. DAY	Shrimp Alfredo or Teriyaki chicken over rice, both with steamed broccoli and sweet carrots	Caldo de res(beef and veg soup) with rice, tortillas and lime or chicken empanadas, seasoned corn, charro beans and Spanish rice	BBQ brisket or pork ribs, potato salad, corn on the cob and ranch style beans.	Chicken fried steak or fried chicken breast, both with mashed potatoes and cream gravy, green beans with bacon, sweet corn and a biscuit
	24	25	26	27	28
<i>Week of Jan 24th</i>	Chicken spaghetti or Bacon and cheese steak and mashed potatoes, both with lima beans and buttered spinach	Spaghetti and meatballs or chicken parmesan over noodles, both with side salad and garlic bread	Swiss steak or roasted chicken, both with country veggie rice, black beans and seasoned corn	Beef tips or Smothered pork chops, both over rice and gravy, broccoli and sweet carrots	Chicken fried steak or fried chicken breast, both with mashed potatoes and cream gravy, green beans with bacon, sweet corn and a biscuit
	31	1	2	3	4
<i>Week of Jan 31st</i>	Meatloaf or smothered chicken, both with mashed potatoes and gravy, northern beans and mixed greens with bacon	Chicken salad sandwich with fresh fruit, pasta salad and pretzels or open faced roast beef with mashed potatoes, broccoli and carrots	Picadillo or chicken fajita, both with Spanish rice, charro beans, seasoned corn, flour tortillas and salsa	Chicken pot pie or Sheppard's pie, both with side salad and wheat rolls	Chicken fried steak or fried chicken breast, both with mashed potatoes and cream gravy, green beans with bacon, sweet corn and a biscuit