THE KITCHEN					
		We deliver (40	9)621-4080 Mon-Fri	11-2 View our monthly m	thekitchencatering.com
Menu for OCTOBER 2024					
		Grilled chicken s	alad and dessert offered da	ily	
	30	1	2	3	2
Week of Oct 1st	Bacon and cheese steak or smothered pork chops, both with mashed potatoes and gravy, turnip greens and black eyed peas	Spaghetti and meatballs or chicken parmesan, both with side salad and garlic bread	Green chili chicken enchiladas or pork and zucchini stew, both with country rice, charro beans and seasoned corn	Pot roast or smothered chicken, both with roasted potatoes and gravy, corn on the cob and broccoli Normandy	Chicken fried steak or fried chicken breast, both with mashed potatoes and cream gravy, green beans with bacon, sweet corn and a biscuit
	7	8	9	10	11
Week of Oct 7th	Meatloaf or roasted pork tenderloin, both with mashed potatoes and gravy, buttered spinach and sweet carrots	Chicken pot pie with salad and bread or Beef and three cheese lasagna, broccoli, sweet carrots and bread	Chicken empanadas or beef enchiladas, both with Spanish rice, re-fried beans, seasoned corn, flour tortillas and salsa	Chicken skewers or beef tips, both with steamed rice and gravy, buttered spinach and corn on the cob	Chicken fried steak or fried chicken breast, both with mashed potatoes and cream gravy, green beans with bacon, sweet corn and a biscuit
	14	15	16	17	18
Week of Oct 14th	Swiss steak or roasted chicken, both with mashed potatoes and gravy, great northern beans and mixed greens	Stuffed pasta shells or chicken Alfredo, both with steamed broccoli and sweet carrots	Chicken fajitas or picadillo, both with Spanish rice, charro beans and seasoned corn	BBq brisket or BBq pork ribs, both with potato salad, ranch beans and corn on the cob	Chicken fried steak or fried chicken breast, both with mashed potatoes and cream gravy, green beans with bacon, sweet corn and a biscuit
	21	22	23	24	25
Week of Oct 21st	Meatloaf or smothered pork chops, both with mashed potatoes and gravy, buttered spinach and sweet corn	Dripped beef sandwich or chicken salad sandwich, both with pasta salad, fruit salad and green salad	Chicken empanadas or beef enchiladas, both with Spanish rice, re-fried beans, seasoned corn, flour tortillas and salsa	Beef tips over rice or chicken spaghetti, both with broccoli Normandy and corn on the cob	Chicken fried steak or fried chicken breast, both with mashed potatoes and cream gravy, green beans with bacon, sweet corn and a biscuit
	28	29	30	31	1
Week of Oct 28th	Bacon and cheese steak or smothered pork chops, both with mashed potatoes and gravy, turnip greens and black eyed peas	Spaghetti and meatballs or chicken parmesan, both with side salad and garlic bread	Green chili chicken enchiladas or pork and zucchini stew, both with country rice, charro beans and seasoned corn	Pot roast or smothered chicken, both with roasted potatoes and gravy, corn on the cob and broccoli Normandy	Chicken fried steak or fried chicken breast, both with mashed potatoes and cream gravy, green beans with bacon, sweet corn and a biscuit